



## Tips for Parents:

Now is the time to start simple conversations about topics that can be difficult.

- What to expect and how to cope with the changes of puberty
- Teach kids to have refusal skills in place
- Basics of contraception
- Masturbation is common and not associated with long term problems but should be done in private
- Sexual abuse may or may not involve touch; it can involve being exposed to information or images before you are ready to hear, see or think of those things.
- How to maintain safety and personal boundaries when chatting or meeting people online
- Strategize on how to choose quality friends, relationships and fun social experiences
- How to recognize and avoid risky social situations

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# 14th Circuit Victims Services Center SANE Program

## Behaviors Related to Sex & Sexuality

### Kindergarten – 4<sup>th</sup> Grade



<b>NATURAL &amp; HEALTHY</b>	<b>OF CONCERN</b>	<b>SEEK GUIDANCE</b>
Asks about the genitals, breasts, intercourse, and babies.	Shows fear or anxiety about sexual topics.	Endless questions about sex after curiosity satisfied. Sexual knowledge too great for their age.
Plays doctor, inspecting other's genitals.	Frequently plays doctor after repeatedly being redirected	Forces another child to play doctor, or to take off their clothes.
Shows others his/her genitals.	Wants to be nude in public even after parents' redirect.	Refuses to put on clothes. Exposes self in public after scolding many times.
Touches/rubs own genitals when going to sleep, when tense, excited, or afraid.	Continues to touch/rub genitals in public after being redirected. Rubs (humping) genitals on furniture or other objects.	Touches/rubs self in public and in private to the exclusion of normal childhood activities. Attempts to, or actually, rubs genitals on other people.
Plays house, may simulate all roles of Mommy and Daddy.	Humping other children with clothes on. Imitates sexual behavior with dolls/stuffed toy.	Humping naked. Intercourse with another child. Forces another child to have sexual contact with them.
Talks about sex with friends. Talks about having a girl/boyfriend.	Continues sexual talk even when redirected.	Talks about sex and sexual acts habitually. Repeatedly disciplined because of inappropriate sexual talk
Draws genitals on human figures for artistic expression or because the figure is being portrayed in the nude.	Draws genitals on some nude figures or on drawing of clothed people. Genitals disproportionate to the size of the body.	Genitals stand out as the most prominent feature of drawing. Drawings of intercourse, group sex. Sadism/masochism shown.
Interest in touching genitals, breast, buttocks of other same age child or have the child touch his/hers.	Continuously wants to touch genitals, breasts, buttocks of other children even after redirection Tries to engage in oral, anal, or vaginal sex.	Manipulates or forces another child to allow touching of genitals, breast, buttocks. Forced or mutual: oral, anal, or vaginal sex.
Kisses familiar adults and children.	French kissing. Talks in a sexualized manner with others. Fearful of hugs and kisses by adults. Upset with public displays of affection. Kisses unfamiliar adult or child.	Overly familiar with strangers. Talks/acts in a sexualized manner with unknown adults. Physical contact with adults causes agitation to child or adult.
Puts something in own genitals/ rectum for the physical sensation, curiosity, or exploration.	Puts something in own genitals/ rectum frequently or when it feels uncomfortable. Puts something in the genitals/rectum of another child.	Any coercion or force in putting something in genitals/rectum of another child. Causing harm to own/others genitals/rectum.